

Wilderness Therapy Professionals Present Cutting Edge Research at the 2014 APA Conference in DC This Weekend

OBH is given the limelight by the APA, the nation's largest association of psychologists.

Washington, DC ([PRWEB](#)) August 06, 2014 -- The Outdoor Behavioral Healthcare (OBH) Council will be well represented at the American Psychological Association's (APA) annual convention in Washington, DC on August 7 – 10, 2014. APA is the largest scientific and professional organization representing psychology in the country, and it is the largest association of psychologists worldwide.

Multiple scientists from the Outdoor Behavioral Healthcare Research Cooperative (OBHRC) and leaders from OBH Council member Programs will be presenting in a total of four symposiums and two posters sessions. The APA symposiums are a collaborative effort in which multiple participants present their views, research, or experience about a common theme, issue or question. OBHRC's Research Director (Dr. Mike Gass), former Research Director (Dr. Keith Russell), and research scientists including Dr. Anita Tucker, Dr. Ellen Behrens and Dr. Lee Gillis will present in or chair a symposium this year. OBHC member programs Second Nature Wilderness Programs and RedCliff Ascent will also present original research in a poster presentation and a symposium. These session topics cover outcomes in wilderness therapy programs, the effect of nature in psychological treatment, group interventions, and advances in the field of OBH.

The OBH Council is thrilled to have such representation on the premier stage for psychological and mental health treatment. See below for a listing of the OBH sessions and click here to search the online convention program for specific information.

The OBH Council is a community of leading OBH programs working to advance the field through best practices, effective treatment, and evidence-based research. Learn more by visiting our website: <http://www.obhcouncil.com>.

Symposiums

- Vitamin E: The Natural Environment as an Active Ingredient in Psychological Treatment
Thomas J. Doherty, Psy.D., Marc G. Berman, Ph.D., Keith C. Russell, Ph.D., David Scheinfeld, Ph.D., Nora C. Davis, M.S. & David St. John Ph.D.
- Active Group Interventions That Encourage Change---Kinesthetic Metaphors
Lee Gillis, Ph.D., Michael Gass, Ph.D. & Bobbi Beale, Psy.D.
- Practice-Based Explanations of Group Changes During Outdoor Behavioral Health Care Using OQ Measures
Lee Gillis, Ph.D., Michael Gass, Ph.D., Keith Russell, Ph.D., Wittney Heppner, Ph.D., Steve Javorski, Ph.D. & Ellen Behrens, Ph.D.
- Outdoor Behavioral Health Care - Advances in Research and Evaluation
Matt Hoag, Ph.D.; Michael Gass, Ph.D., Steve Javorski, Ph.D., Katie Massey, MSW, MSPH, Anita Tucker, Ph.D., Joanna Bettman, Ph.D & Ellen Behrens, Ph.D.

Posters in Child and Adolescent Mental Health (Division 53)

- Does Change Last? Outcomes for Adolescents in Outdoor Behavioral Health Care
Matt Hoag, Ph.D., Katie Massey, MSW, MSPH & Sean Roberts, MS



- Treatment Outcomes for Struggling Adolescents in an Outdoor Behavioral Health Care Program
Steve DeMille, MS



Contact Information

Pat Logan

patrick@snwp.com

<http://snwp.com>

+1 8019133733

Pat Logan

Second Nature Therapeutic Wilderness Programs

<http://www.snwp.com>

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